

A Two-Day Curriculum for all levels of human service providers

Best Practice and Evidence Based Interventions for Integrated Treatment with Co-occurring Disorders & Introduction to Motivational Interviewing Theory and Practice
lecture, demonstrations, video, experiential practice, question and answer segments

Day One: Best Practice & Evidence Based Interventions for Integrated Treatment

- Best Practice for co-occurring treatment and program materials, to include: screening, engagement, readiness measures, comprehensive assessment, three phases of treatment, outcome measures, data collection
- Stages of Change (Prochaska & DiClemente): Readiness Scale (K. Sciacca), measurements of client's readiness to change addressing various behaviors/symptoms

Day Two: Introduction to Motivational Interviewing Theory and Practice

- Motivation Interviewing (MI) theory, concepts and philosophies
- Correlates between co-occurring diagnosis treatment interventions and Motivational Interviewing
- Contrasts between traditional interventions and Motivational Interviewing
- 5 principles of Motivational Interviewing
- 5 Opening Strategies of Motivational Interviewing
- Practice Intervention Skills in utilizing Motivational Interviewing strategies and techniques, including empathic/reflective listening skills
- How to develop a plan
- MI Strategies in groups
- Cognitive Behavioral Therapy Coping Skills strategies in group and individual interventions

Presenter: Kathleen Sciacca, M.A., Founding Executive Director of Sciacca Comprehensive Service Development for Mental Illness, Drug Addiction and Alcoholism (MIDAA) in NYC, nationally known consultant, seminar leader, researcher and author

Dates, Time & Place: December 3 and December 5, 2008, 9AM-4:30 PM at the Mental Health Association of Nassau County, 16 Main Street, Hempstead, NY 11550, 2nd Floor Training Room. Lunch break each day of program-*lunch on your own*

Parking: Metered parking is available in municipal parking garage at rear entrance to the MHA, on Cooper Street. Elevator to 2nd floor training area

Registration Fee: \$150.00 for two-day program, payable to **MHA Training Center of Long Island**, 16 Main Street, Hempstead, NY 11550. **Pre-registration required. Registration fee is non-refundable.**

12 CASAC & 12 CRC credits provided for 12 hour curriculum

Early registration is encouraged to ensure placement. Complete coupon, include registration fee and return to: Mental Health Association of Nassau County, Att: MHA Training Center of LI, 16 Main St, Hempstead, NY 11550. Inquiries 516-489-2322 X 1250

MHA Training Center of Long Island
16 Main Street
Hempstead, NY 11550

NAME _____

(please print)

MAILING ADDRESS _____

DAYTIME PHONE # _____ EMAIL _____

Best Practice & Evidence Based Interventions

12/3 & 12/5/08

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THE MENTAL HEALTH ASSOCIATION OF NASSAU COUNTY



OUR HELP KNOWS NO SEASON