

Refreshments available with lunch available on site.

Please allocate me a place on the MI two day workshop in Belfast on Wed 3rd and Thur 4th September 2008.

Name:

Address:

Tel:

Work/Mobile:

Email:

I enclose a cheque for £175 (Statutory)

I enclose a cheque for £150 (Vol/Community)
(Made payable to OIWillo)

My Employer is paying my fees, please invoice

Signature

I agree to the terms and conditions of this training.

Date:

You will receive email or postal confirmation of your place.

Thank You

Glenn Hinds currently splits his time between his role as a drug therapist and his training consultancy. He is trained in person centred and psychodynamic counselling and has worked in mental health and alcohol and drug services since 1990. Glenn has also provided one-to-one and group counselling to adults of sexual abuse.

Glenn has been offering training in motivational interviewing since 1997. He trained in Motivational Enhancement Therapy and has made a research visit to University of Texas, Houston to study Group Work Interventions using The Transtheoretical Model of Change and Motivational Interviewing.

Glenn was trained to offer training in '**The Therapeutic Uses of Motivational Interviewing**' by Professor William Miller and '**The Use of Motivational Interviewing in Primary Care**' by Professor Steve Rollnick.

Glenn is a member of the International Motivational Interviewing Network Of Trainers (MINT).

www.motivationalinterview.org

'We were all put at ease and Glenn made it easy to understand how and why MI works'
Community Support Worker

Excellent trainer, positive attitude and good ambience and dynamic with the group.
Church Lay Person

Excellent session, I have left with tools I can use right away!!
Probation Worker

an introduction to

MOTIVATIONAL INTERVIEWING

Glenn Hinds



Millennium Centre
400 Springfield Road
Belfast (Non Residential)

Wed 3rd & Thur 4th September 2008
9.30am - 4.30pm
Voluntary/Community £150 • Statutory £175

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an introduction to MOTIVATIONAL INTERVIEWING



Millennium Centre, 400 Springfield Road, Belfast.
Wed 3rd and Thur 4th September 2008.

This two day workshop is designed for those who want to develop or enhance their skills in supporting people to change their behaviour. It will be of particular interest to those assisting people who wish to change their diet, exercise routine, smoking, medication adherence, criminal behaviour or any other life style behaviour. The course will help you to:

- Understand the principles of motivational interviewing
- Reflect on your current consulting style
- Assist people to assess their own readiness to change and make appropriate decisions about their behaviour
- Recognise and work with people ambivalent about change
- Use reflective listening skills to elicit change-talk
- Recognise and roll with client resistance
- Gain experience, through demonstration and practice, in this evocative counselling style and how it contrasts with methods of overt persuasion
- Understand the process and psychology of change
- Use MI in brief contacts

This non-residential workshop is highly participative in style. No previous knowledge of motivational interviewing is required although a background in counselling skills will be an asset.

'Motivational Interviewing (MI) is a person-centered goal-oriented approach for facilitating change through exploring and resolving ambivalence.'

Miller 2006

MI was initially shown to be effective in the treatment of addictions in the 1980s, yet the focus over the past decade has broadened to behaviour change in general. Given the work of practitioners and researchers including Professor Steve Rollnick, MI and its adaptations have successfully been used in health care settings and in particular as an effective tool within brief clinical interventions.

The cost of this two day training is £175 Statutory and £150 Vol/Community. All cheques should be made payable to OiWillo Training Company Ltd.

Please return the completed registration form with payment to:

**OiWillo Training Company. Ltd,
4 Henderson Park, Maydown,
Derry. BT47 6US.**

This workshop is limited to 18 participants in order to ensure the highest quality clinical skills acquisition. Early application is advised.

Applicants are agreeing to adhere to the following terms and conditions when applying to participate in training through OiWillo Training Company Ltd.

In the case of cancellation.

Within seven days of the first day of the training event will result in payment of the full fee.

Between eight and 27 days will result in payment of 50% of the full fee.

Twenty eight days or more ahead of the first day will result in an administration fee of £30.

In the case of cancellation by OiWillo Training Company Ltd all participants will be offered an allocation on the next available training course or a full refund.

If you would like any further information please contact Glenn or Lisa on 077 6376 4486 or 028 7186 0148 or email info@oiwillo.com or log on to www.oiwillo.com

